

LOYOLA PRAYER SHEETS

GO OUT TO THE WHOLE WORLD

A Prayerful Reflection for the End of the Retreat

Find a space of maybe twenty minutes or so for yourself to look back prayerfully over the course of these days, to become more fully aware of the ways in which God has been working with you throughout them.

Take some time to enter into silence, using an awareness exercise or whatever other way you have found is helpful to you.

Ask God to show you whatever it would be most helpful for you to see as you look back. What is it that God would want to remind you of, what would you want to be carrying forward from this time?

Read through the following passage, and take a few moments to mull it over in your mind and heart. How has what Paul speaks of here been true for you in the days of this retreat?

May the God of our Lord Jesus Christ, the Father of glory, give you a spirit of wisdom and perception of what is revealed, to bring you to full knowledge of him. May he enlighten the eyes of your mind so that you can see what hope his call holds for you, what rich glories he has

promised the saints will inherit and how infinitely great is the power that he has exercised for us believers.

Ephesians 1: 17-19

Gently let the days you have been here re-play before your mind's eye. What do you notice? Where did you feel closest to God? Where did you feel most challenged? Where did you feel yourself to be most fully alive, most completely the person that God has created you to be?

Are there any biblical passages, words or phrases, or images, that capture something important for you to remember from these days, things that you can come back to in your prayer of the coming days and weeks?

End by speaking to God, as one friend speaks to another, about all that you have seen and felt in this prayerful review. Let this part of the prayer go where it will, leading you into thanksgiving, or asking for further gifts that you need from God, or perhaps simply into a companionable silence.